

# 2026 Ascension Saint Thomas Comprehensive Cardiovascular Update

*Cardiometabolic Health and Longevity*

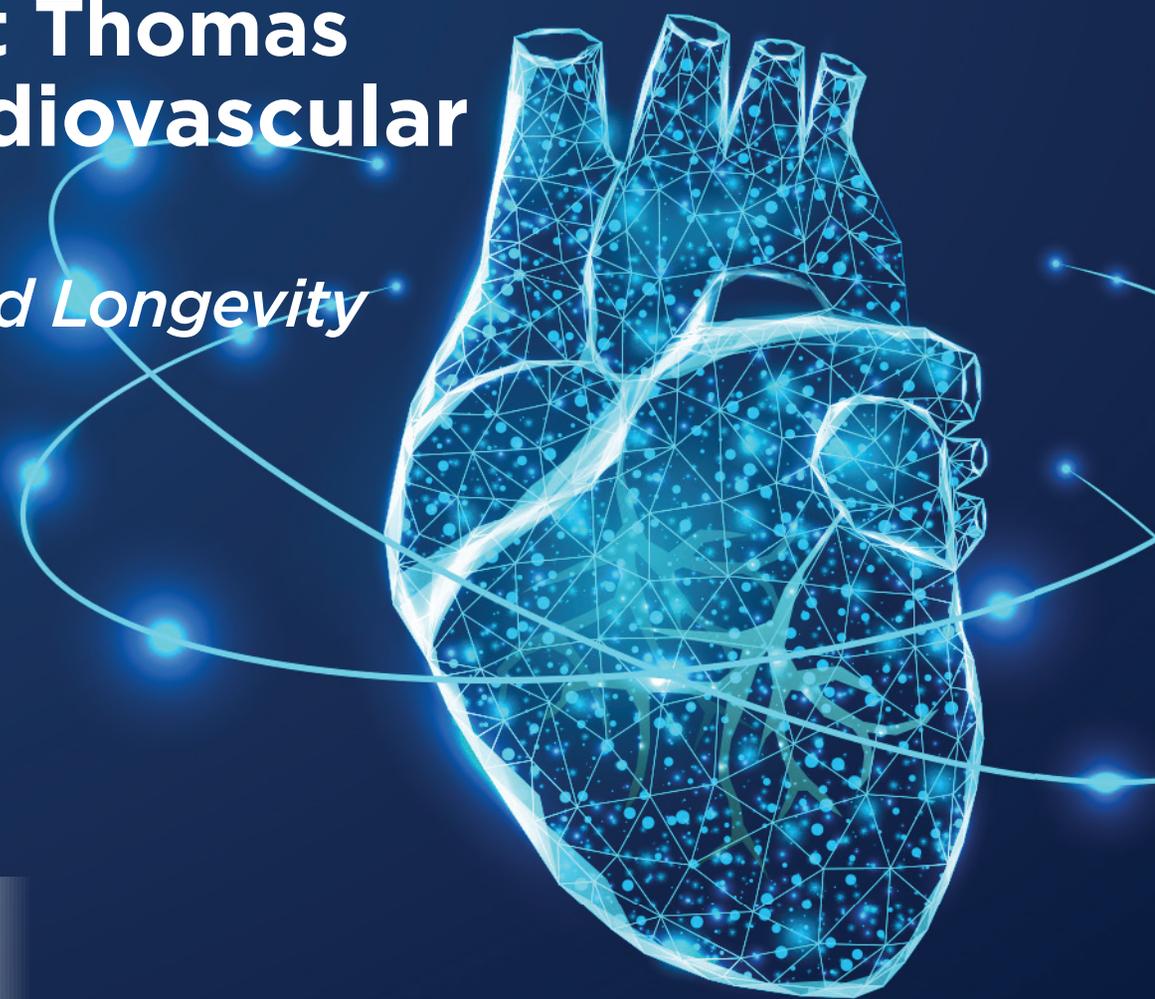
Presented by  
Ascension Saint Thomas  
Office of Continuing Medical Education

**Saturday, August 15, 2026**

JW Marriott Nashville  
201 8th Avenue South  
Nashville, Tennessee 37203



**Ascension Saint Thomas**



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**Ascension  
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Continuing Medical Education  
P.O. Box 380  
Nashville, Tennessee 37202

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Please join us at the stunning JW Marriott in Nashville, Tennessee, for our annual cardiovascular conference highlighting the latest advancements in patient care. Centered on Cardiometabolic Health and Longevity, this year's program will explore prevention and contemporary management of cardiovascular disease across diverse populations. Featuring keynote speaker Dan Buettner, Jr., Chief Development Officer at Blue Zones, the global leader in producing evidence-based insights about the culture, people, and lifestyles of regions where longevity and happiness persist at unusually high rates and with low rates of chronic disease. Their work and solutions were featured in Netflix's Emmy® Award-winning docuseries, "Live to 100: Secrets of the Blue Zones" (<https://www.bluezones.com>). The keynote will be followed by expert-led sessions spanning cardiovascular prevention, coronary interventions, vascular cardiology, imaging, valvular heart disease, heart failure, and electrophysiology.

### **Who should attend?**

This education is designed to support the needs of cardiovascular specialists, general cardiologists, nurse practitioners, physician assistants, and other healthcare professionals involved in the management of patients with cardiovascular disease.

### **Keynote Speaker**



Dan Buettner, Jr., JD  
EVP & Chief Development Officer  
Blue Zones

### **Course Directors**

Jimmy L. Kerrigan, MD, FACC, FSCAI, FASNC, RPVI  
Hannah L. Fish-Trotter, MD  
Elias V. Haddad, MD, FACC, FSCAI  
Hady T. Lichaa, MD, FACC, FSCAI, FSVM, RPVI  
M. Andrew Morse, MD  
Timir K. Paul, MD, PhD, FACC, FSCAI, FAHA

### **Accreditation**

Ascension Saint Thomas is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### **For More Information Contact**

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